Questions to Ask Your Doctor About Multiple Myeloma



Getting started

- ☐ What stage is my myeloma?
- □ Have you analyzed my myeloma DNA? What were the results? Did you find any high-risk features?



Treatment



What tests do I need before we can decide on treatment?



What are my treatment options?



If my myeloma is considered high risk, what are the preferred treatment options?



Will I experience any side effects from my treatment?



How are the treatments administered (infusion, injection, or pill)?



How long should I expect to be on this treatment?



Is there a clinical trial that might be appropriate for me?



Am I eligible for a stem cell transplant? If so, should I get one?

Support Services



☐ What support services are available to me?



☐ What financial resources are available to me?



☐ Are there any myeloma patient support groups available to me? Are any in my area?



☐ What is the best way for me to contact you in case of emergency?



☐ Should I tell my other doctors/my dentist about my diagnosis?



The MMRF Patient Navigation Center

is a space for patients to connect with patient navigators—who are oncology professionals—for guidance, information, and support.

You can reach the MMRF Patient Navigation Center by phone at **1-888-841-6673**, Monday through Friday from 9:00 AM to 7:00 PM Eastern Time, or on the Web at **themmrf.org/resources/patient-navigator-center**

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