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## **Program Faculty**

## Craig Emmitt Cole, MD

Michigan State University College of Human Medicine Karmanos Cancer Institute East Lansing, Michigan

## Monique A. Hartley-Brown, MD, MMSc

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# Summit Agenda

Time (ET)	Торіс	Speakers
9:30 – 9:45 am	Welcome	Peter M. Voorhees, MD
9:45 – 10:15 am	Newly Diagnosed Multiple Myeloma: Diagnosis and Induction Therapy	Craig Emmitt Cole, MD
10:15 – 10:45 am	High-Dose Chemotherapy and Stem Cell Transplantation, Maintenance Therapy, and Treatment Goals	Cindy Varga, MD
10:45 – 11:00 AM	Break	
11:00 – 11:30 ам	Relapsed/Refractory Multiple Myeloma	Monique A. Hartley-Brown, MD, MMSc
11:30 ам – 12:00 рм	Immunotherapy	Peter M. Voorhees, MD
12:00 – 12:30 РМ	Supportive Care	Jordan D. Robinson, PA-C
12:30 – 1:15 РМ	Lunch	
1:15 – 1:30 рм	Patient Speaker	Tony Newberne
1:30 – 1:45 РМ	Hot Topic 1: Multiple Myeloma Precursor Conditions	Cindy Varga, MD
1:45 – 2:00 РМ	Hot Topic 2: High-Risk Multiple Myeloma	Craig Emmitt Cole, MD
2:00 – 2:15 РМ	Hot Topic 3: New Drugs on the Horizon	Monique A. Hartley-Brown, MD, MMSc
2:15 – 3:15 РМ	Town Hall Q&A	All Faculty
3:15 – 3:30 РМ	Closing Remarks	Mary DeRome, MS







- Landmark study focusing on the genomics of myeloma
- Goals
  - Learn which patients respond best to which therapies
  - Identify new targets and new hypotheses
- Newly diagnosed patients are followed for at least 8 years

All participants undergo a type of detailed DNA testing called <u>genomic sequencing</u> at diagnosis and each relapse.



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# MMRF CureCloud



## Driving toward smarter treatment options

Introducing the MMRF CureCloud® – a research study that includes the first at-home genomic testing program for multiple myeloma patients. Our goal is to accelerate research toward smarter treatment options for every patient.

Join the MMRF CureCloud



## MMRF CureCloud Recent Changes

- A new and better assay is being developed to look at patient DNA data from myeloma cells in their blood sample. While this assay is being developed, patients who join will no longer be able to receive their DNA test results, but their DNA will still be analyzed, with the results placed in CureCloud along with their clinical information
- Patients can sign up for CureCloud from home and will soon be able to enroll at select clinical sites with help from site research staff—sites in preparation include UTSW, WashU, Hackensack, Emory, Ochsner, Karmanos, and the VA. By the end of 2023, we anticipate that 15 sites will be approved for onsite enrollment
- For now, patients will still provide their blood samples using an at-home blood draw
- · Patients who live in New York may now enroll in CureCloud
- We anticipate that patients will be able to receive their DNA results from samples collected sometime in 2024

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CureCloud Enrollment Tracker This is the total number of patients who have enrolled in the CureCloud study. Monitor enrollment progress as we work toward our goal of 5,000 patient participants over 5 years. Explore anonymous CureCloud patient data below and find more information about each section in the (1) icon.					
PROGRESS TOWARDS GOAL 19%	941 S000				
685 Patient samples sequenced ()	247 Patient health records pulled O				

# MMRF CureCloud Demographics





# Question

Are you a...

- 1. Patient
- 2. Caregiver (family member or friend who helps patient manage his or her disease)
- 3. Other



# Question

Have you had a stem cell transplant?

- 1. No, but I will soon!
- 2. No, but I am considering one (or my doctor is discussing with me).
- 3. No, my doctor tells me I am not a candidate.
- 4. Yes
- 5. Not applicable

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## Question

Have you and your care team ever discussed the possibility of you joining a clinical trial that you are eligible for? (If you are a caregiver, do you know if joining a clinical trial has ever been discussed?)

- 1. Yes
- 2. No
- 3. I don't know.







- Multiple myeloma is a blood cancer that starts in the bone marrow, the place where all blood cells are produced
- Multiple myeloma is caused when a type of white blood cell called a plasma cell becomes cancerous and grows out of control











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#### Spectrum of Plasma Cell Disorders and Myeloma MGUS Smoldering **High-risk** Monoclonal gammopathy of undetermined significance smoldering **Multiple myeloma** myeloma M protein over 3 g/dL M protein under 3 g/dL M protein over 2 g/dL Malignant plasma cells seen on any biopsy (serum) or over 500 mg/ AND AND (usually bone marrow) Plasma cells in bone marrow 20%–60% 24 hrs (urine) AND ≥1 "CRAB" feature Plasma cells in bone AND marrow <10% Plasma cells in C: Calcium elevation (>11 mg/dL) AND <u>AND</u> Bone Marrow 10%–60% Free light chain ratio >20 R: Renal: low kidney function; (serum creatinine No CRAB or SLiM >2 mg/dL) high-risk features A: Anemia: low red blood count (Hb <10 g/dL) AND "Evolving type" SMM increase >10% protein B: Bone disease (≥1 lytic lesions on skeletal No CRAB or "SLIM" high risk features radiography, CT, or PET-CT) within 6 mo AND OR have >1 SLiM high-risk features: No CRAB or SLiM high-risk features S: >60% plasma cells on bone marrow biopsy 10% risk of progression/year to active myeloma 1% risk of progression/year to multiple myeloma or related conditions Li: Serum light chain ratio >100 >46% risk of progression M: >1 lytic lesions on MRI (or PET/CT scan) in 2 yr to active myeloma **Close observation** Observation Observation **Frontline treatment Clinical trials Clinical trials Clinical trials Clinical trials** ??Treatment??



## Demographic Risk Factors: Multiple Myeloma

## Older age

Male sex

Obesity

Race: 2× incidence in African Americans

Schinasi LH et al. *Br J Haematol*. 2016;175:87. Thordardottir M et al. *Blood Adv*. 2017;1:2186.

## Family history

- One first-degree relative with multiple myeloma
- Relatives of multiple myeloma patients have more monoclonal gammopathy of undetermined significance (MGUS)
- Current recommendation is to <u>not</u> screen families







## The Right Tests: Common Tests Conducted in Myeloma Patients



 Confirms the type of myeloma or precursor condition



- Confirms diagnosis of myeloma
- Determines how advanced the myeloma or precursor condition is

## Imaging tests

• Detects the presence and extent of bone disease and the presence of myeloma outside of the bone marrow

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# Know Your Imaging Tests!

Assess changes in the bone structure and determine the number and size of tumors in the bone



























# Induction Therapy Regimens







# Continuous or Maintenance Therapy Options













High-Dose Chemotherapy and Stem Cell Transplantation, Maintenance Therapy, and Treatment Goals

## **Cindy Varga, MD**

Atrium Health Levine Cancer Institute Charlotte, North Carolina Wake Forest University School of Medicine Winston-Salem, North Carolina



# High-Dose Chemotherapy and Stem Cell Transplantation

- Remission lasts longer
- Can be done early on or later (or both)
- · Some patients will not qualify
  - Older/frail patients
  - Comorbidities
- Dose reduced melphalan
  - Age >75
  - Kidney disease







#### Side Effects of High-Dose Chemotherapy Nausea, Low blood vomiting, and Fatigue diarrhea **Mucositis** counts Hair loss Symptoms much • Pain, sores in mouth; · Low white blood cells Expected more manageable sore throat count (risk for • May last 1-3 months with newer antiinfection) · Pain meds, mouth emetics swishes Hemoglobin drop Try to prevent Avoid tart, acidic, (fatigue) nausea · Platelet count drop salty, spicy foods May include stomach Soft food better (bleeding risk) cramping tolerated Blood transfusion Encourage small · Platelet transfusion amounts of food, Antibiotics more often · White blood cells · Avoid milk, milk and platelets recover products, high-fiber in 2 weeks foods











# Phase 3 Study of ASCT for Newly Diagnosed Multiple Myeloma: Side Effects

Any 78.2 94.   Fatal side effects 0.3 1.6   Low blood counts 60.5 89.   Very low white cell count 42.6 86.   Low platelet count 19.9 82.   Low white cell count 19.6 39.   Anemia 18.2 29.	(N=365)
Fatal side effects0.31.6Low blood counts60.589.Very low white cell count42.686.Low platelet count19.982.Low white cell count19.639.Anemia18.229.	
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Low platelet count 19.9 82.   Low white cell count 19.6 39.   Anemia 18.2 29.	
Low white cell count 19.6 39.   Anemia 18.2 29.	
Anemia 18.2 29.	
Lymphopenia 9.0 10.	
Infections with low WBC 4.2 9.0	
Fever 2.0 5.2	
Pneumonia 5.0 9.0	
Diarrhea 3.9 4.9	
Nausea 0.6 6.6	
Mouth sores 0 5.2	
Fatigue 2.8 6.0	
Numbness, tingling nerve 5.6 7.4	

Severe side effects were more common with transplant.

\*Includes one death related to ASCT

Richardson PG et al. J Clin Oncol. 2022;40. Abstract LBA4. Richardson PG et al. N Engl J Med. 2022;387:132.



## Phase 3 Study of ASCT for Newly Diagnosed Multiple Myeloma: Subsequent Therapy and Rate of ASCT in RVD-Alone Arm (Late ASCT)

Subsequent therapy in patients off protocol therapy (%)	RVd alone (N=279) late transplant	RVd + ASCT (N=276) early transplant
Any treatment*	79.6	69.6
Subsequent therapy	n=222	n=192
Any immunomodulatory drug	55.9	58.3
Pomalyst (pomalidomide)	30.2	29.2
Revlimid (lenalidomide)	25.7	29.2
Any proteasome inhibitor	55.9	50.0
Velcade (bortezomib)	27.5	25.5
Kyprolis (carfilzomib)	21.2	16.7
Ixazomib	8.1	7.8
Marizomib	0	0.5
Any monoclonal antibody	16.2	27.6
Darzalex (daratumumab)	11.3	21.4
Empliciti (elotuzumab)	4.5	6.3
Sarclisa (isatuximab)	0.5	0
Including IMiDs, Pls, mAbs, HDACi (panobi	nostat), ASCT, chemotherapy, R	T, steroids, other

Only 28.0% of RVdalone (late transplant) patients had received ASCT at any time following end of study treatment

Richardson PG et al. J Clin Oncol. 2022;40. Abstract LBA4. Richardson PG et al. N Engl J Med. 2022;387:132.

## Early vs Late Transplant Pros and Cons

#### Early ASCT

- Deeper and more durable response
- · Youngest/healthiest you are going to be
- Allows for fewer cycles of induction treatment

Pros

#### Late ASCT

- PFS may be shorter, but currently appears OS is the same
- Less side effects without high-dose chemotherapy
- Conserve quality of life in the early part of disease journey

## Early ASCT

- No proven impact on overall survival
- 20% of patients still relapse within 2 years
- More side effects including a small risk of serious life-threatening complications

Cons

· 3 months to full clinical recovery

#### Late ASCT

- Need more cycles of induction
- May need next treatment sooner, including (late) transplant
- Not all patients relapsing are able to undergo salvage ASCT







# <text><text><text><text>








Median PFS	At time of randomization to maintenance therapy (median follow up 44.7 mos)			
(mos)	All patients*			
Revlimid	64			
Observation	32			
Hazard ratio	0.52			
P Value	<0.001			
PFS benefit across all patien	t subgroups on Revlimid maintenance therapy:			

PFS benefit across all patient subgroups on Revlimid maintenance therapy: standard risk; molecular high risk, which included the presence of del(17p), gain(1q), t(4;14), t(14;16), or t(14;20); MRD positive; and MRD negative.

More evidence for the benefit of longer duration of Revlimid maintenance in patients who are MRD positive than MRD negative. And evidence of ongoing benefit beyond 2–3 years for patients with both standard- and high-risk disease.















### Why do we need to measure MRD?

- With new and more effective treatments, more patients achieve CR
- However, achieving a CR does not necessarily mean that all myeloma cells are gone
- Routine blood tests are not sensitive enough to detect these remaining cells



















# Definitions: What is relapsed/refractory disease and a line of therapy?

- *Relapsed:* recurrence (reappearance of disease) after a response to therapy
- Refractory: progression despite ongoing therapy
- Progression: increase in M protein/light chain values
- *Line of therapy:* change in treatment due to either progression of disease or unmanageable side effects
  - Note: initial (or induction) therapy + stem cell transplant + consolidation/maintenance therapy = 1 line of therapy





# Choosing Therapy for First or Second Relapse

Choices are broadest and guided by

### Disease biology

Nature of relapse

Patient preference



Access to care

### Options for Relapsed/Refractory Disease Continue to Increase

IMiDs	Proteasome inhibitors	Chemotherapy anthracyclines	Chemotherapy alkylators	Steroids	Other mechanisms of action	Monoclonal antibodies	Cellular therapy
Thalomid (thalidomide)	Velcade (bortezomib)	Adriamycin	Cytoxan (cyclophosphamide)	Dexamethasone	XPOVIO (selinexor)	Empliciti (elotuzumab)	Abecma (idecabtagene vicleucel)
Revlimid (lenalidomide)	Kyprolis (carfilzomib)	Doxil (liposomal doxorubicin)	Bendamustine	Prednisone	Venclexta (venetoclax)*	Darzalex (daratumumab)	Carvykti (ciltacabtagene autoleucel)
Pomalyst (pomalidomide)	Ninlaro (ixazomib)		Melphalan		Farydak (Panobinostat) <sup>†</sup>	Sarclisa (isatuximab)	
					Pepaxto (melflufen) <sup>†</sup>	<del>Blenrep</del> (belantamab mafodotin) <sup>‡</sup>	
						Tecvayli (teclistamab)§	
'Not yet FDA-approved for patients with multiple myeloma; <sup>1</sup> Withdrawn from the US market in 2021; <sup>1</sup> Antibody-drug conjugate, withdrawn from the US market in 2022; <sup>§</sup> Bispecific antibody							
	New	v formulatio	ns, new dosing	, and new co	ombinations,	too!	

# Three Drugs Withdrawn From US Market *What happened?*

All drugs were granted accelerated approval by the FDA, which requires further clinical studies to verify a drug's clinical benefit.

#### Withdrawn 2021

#### Farydak (panobinostat)

• The required clinical studies were not completed within the FDA-specified time frame

#### Pepaxto (melflufen)

 The phase 3 OCEAN study compared Pepaxto-dex with Pomalyst-dex in patients with relapsed/refractory myeloma

 OS with Pepaxto-dex was not improved vs Pomalyst-dex, which didn't pass the regulatory hurdles to confirm the accelerated approval in the U.S.

#### \*Marketing of Blenrep continues in other countries where it has been approved.

#### Withdrawn 2022\*

#### Blenrep (belantamab mafodotin)

- Results from the confirmatory phase 3 DREAMM-3 study that compared Blenrep with Pomalyst-dex in patients with relapsed/refractory myeloma after at least two prior lines of therapy showed that PFS with Blenrep was not improved vs Pomalyst-dex
- The DREAMM clinical study program is continuing as a path forward for approval with two ongoing phase 3 studies (DREAMM-7 and DREAMM-8) testing Blenrep in combinations in an earlier treatment setting for patients who have tried at least one prior line of therapy
  - Results are anticipated in the first half of 2023





# Currently Available Naked Monoclonal Antibodies for One to Three Prior Lines of Therapy

SC once a week for first 8 weeks, then every 2	• For <b>relapsed/refractory</b> myeloma as a single agent and
monthly	as a triplet with Revlimid or Velcade or Kyprolis or Pomalyst plus dexamethasone
IV once a week for first 8 weeks, then every 2 weeks (or every 4 weeks with pom)	• For <b>relapsed/refractory</b> myeloma as a triplet with Revlimid or Pomalyst and dexamethasone
IV once a week for first 4 weeks, then every 2 weeks	<ul> <li>For relapsed/refractory myeloma as a triplet with Pomalyst or Kyprolis and dexamethasone</li> </ul>
	IV once a week for first 8 weeks, then every 2 weeks (or every 4 weeks with pom) IV once a week for first 4 weeks, then every 2 weeks

### Currently Available Agents for One to Three Prior Lines of Therapy

Drug		Formulation	Approval
Velcade (bortezomib)	₿	<ul><li> IV infusion</li><li> SC injection</li></ul>	For relapsed/refractory myeloma
Kyprolis (carfilzomib)	Ð	<ul><li> IV infusion</li><li>Weekly dosing</li></ul>	<ul> <li>For relapsed/refractory myeloma as a single agent, as a doublet with dexamethasone, and as a triplet with Revlimid or Darzalex plus dexamethasone</li> </ul>
Ninlaro (ixazomib)	Ø	Once-weekly pill	<ul> <li>For relapsed/refractory myeloma as a triplet with Revlimid and dexamethasone</li> </ul>
Revlimid (lenalidomide)*	Ø	Once-daily pill	For relapsed/refractory myeloma in combination with dexamethasone
Pomalyst (pomalidomide)*	Ø	Once-daily pill	For relapsed/refractory myeloma in combination with dexamethasone
XPOVIO (selinexor)	Ø	Once-weekly pill	<ul> <li>For relapsed/refractory myeloma as a triplet with Velcade and dexamethasone</li> </ul>
Black box warnings: embr	yo-fetal toxic	ty; hematologic toxicity (Revlin	nid); venous and arterial thromboembolism

## Monoclonal Antibody–Based Regimens for Early Relapse: Darzalex

	POLLUX	CASTOR	CANDOR	APOLLO
Regimens compared	<ul> <li>Darzalex-Revlimid-dex (DRd) vs Rd</li> </ul>	<ul> <li>Darzalex-Velcade-dex (DVd) vs Vd</li> </ul>	<ul> <li>Darzalex-Kyprolis-dex (DKd) vs Kd</li> </ul>	<ul> <li>Darzalex-Pomalyst-dex (DPd) vs Pd</li> </ul>
Median PFS favored	• DRd: 45 vs 18 months	• DVd: 17 vs 7 months	• DKd: 29 vs 15 months	DPd: 12 vs 7 months
Clinical considerations	<ul> <li>Consider for relapses from non-Revlimid–based maintenance</li> <li>DRd associated with more upper respiratory infections, low blood white blood cell counts, and diarrhea</li> </ul>	<ul> <li>Consider for patients who are Revlimid-refractory without significant neuropathy</li> <li>DVd associated with more low blood cell counts</li> </ul>	<ul> <li>Consider for younger, fit patients who are double- refractory to Revlimid and Velcade</li> <li>DKd associated with more respiratory infections</li> </ul>	<ul> <li>Consider in patients who are double-refractory to Revlimid and a proteasome inhibitor (Velcade, Kyprolis, Ninlaro)</li> <li>Severe low white blood cell counts</li> </ul>

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## Monoclonal Antibody–Based Regimens for Early Relapse: Sarclisa and Empliciti

	ELOQUENT-2	ELOQUENT-3	ICARIA-MM	IKEMA
Regimens compared	Empliciti-Revlimid-dex vs Rd	<ul> <li>Empliciti-Pomalyst-dex vs Pd</li> </ul>	<ul> <li>Sarclisa-Pomalyst-dex vs Pd</li> </ul>	Sarclisa-Kyprolis-dex vs Kd
Median PFS favored	Empliciti-Rd: 19 vs 15 months	Empliciti-Pd: 10 vs 5 months	• Sarclisa-Pd: 12 vs 7 months	• Sarclisa-Kd: 42 vs 21 months
Clinical considerations	<ul> <li>Consider for non-Revlimid refractory, frailer patients</li> <li>Empliciti-Rd associated with more infections</li> </ul>	Consider for patients refractory to Revlimid and a proteasome inhibitor (Velcade, Kyprolis, Ninlaro)	<ul> <li>Consider for patients refractory to Revlimid and a proteasome inhibitor (Velcade, Kyprolis, Ninlaro)</li> <li>Sarclisa-Pd associated with severe low white blood cell counts, more dose reductions, upper respiratory infections, and diarrhea</li> </ul>	<ul> <li>Consider for patients refractory to Revlimid and Velcade</li> <li>Sarclisa-Kd associated with higher MRD negativity rates</li> <li>Sarclisa-Kd associated with severe respiratory infections</li> </ul>

# Update From the 2022 American Society of Hematology (ASH) Meeting Sarclisa After Early or Late Relapse



	Early rel	apse	Late rela	pse
	Sarclisa -Kd	Kd	Sarclisa -Kd	Kd
Median PFS (months)	24.7	17.2	42.7	21.9
Overall response rate (%)	82	82.6	90.4	86.1
≥VGPR rate (%)	67.2	52.2	76	58.3
MRD negativity rate (%)	24.6	15.2	37.5	16.7
MRD-negative CR rate (%)	18	10.9	30.8	13.9

Regardless of early or late relapse, RRMM patients benefit from the use of isa-Kd with respect to depth of response and prolonged PFS.

\*<12 months from initiation of most recent line of therapy (for patients who had ≥2 lines of therapy); <18 months (for patients who had 1 prior line of therapy) and <12 months from ASCT <sup>†</sup>≥12 months from initiation of most recent line of therapy (for patients who had ≥2 lines of therapy; ≥18 months for patients who had 1 prior line of therapy) Facon T et al. *Blood.* 2022;140. Abstract 753.

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### Proteasome Inhibitor– and Immunomodulatory Drug–Based Regimens for Early Relapse

	OPTIMISMM	ASPIRE	TOURMALINE-MM1	BOSTON
Regimens compared	<ul> <li>Velcade-Pomalyst-dex (VPd) vs Vd</li> </ul>	<ul> <li>Kyprolis-Revlimid-dex (KRd) vs Rd</li> </ul>	• Ninlaro-Rd (IRd) vs Rd	XPOVIO-Velcade-dex (XPO-Vd) vs Vd
Median PFS favored	• VPd: 11 vs 7 months	• KRd: 26 vs 17 months	• IRd: 21 vs 15 months	• XPO-Vd: 14 vs 9 months
Clinical considerations	<ul> <li>Consider for relapse on Revlimid</li> <li>VPd associated with more low blood counts, infections, and neuropathy than Pd</li> </ul>	<ul> <li>KRd associated with more upper respiratory infections and high blood pressure than Rd</li> </ul>	<ul> <li>IRd an oral regimen</li> <li>Gastrointestinal toxicities and rashes</li> <li>Lower incidence of peripheral neuropathy</li> </ul>	<ul> <li>XPO-Vd associated with nausea, vomiting, weight loss, low platelet counts and fatigue with triplet, but less neuropathy than the Vd</li> </ul>



### Darzalex

Infusion reactions

 Less with SC use

 Risk of shingles

 Use appropriate vaccination
 Increased risk of hypogammaglobulinemia and upper respiratory infections

 IVIG support

### Empliciti

- Infusion reactions
  Risk of shingles
  - Use appropriate vaccination

#### Sarclisa

- Infusion reactions
- Risk of shingles

   Use appropriate vaccination
- Increased risk of hypogammaglobulinemia and upper respiratory infections

SC, subcutaneous; IVIG, intravenous immunoglobulin

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# Important Considerations for Use of Proteasome Inhibitors

#### Velcade

- Risk of peripheral neuropathy (PN; numbness, tingling, burning sensations and/or pain due to nerve damage)
  - Avoid in patients with preexisting PN
  - Reduced with subcutaneous once-weekly dosing
- Increased risk of shingles

   Use appropriate prophylaxis
- No dose adjustment for kidney issues; adjust for liver issues

#### **Kyprolis**

- Less PN than Velcade
- Increased risk of shingles
   Use appropriate
  - prophylaxis
- Monitor for heart, lung, and kidney side effects

   Use with caution in older
  - patients with cardiovascular risk factors
- High blood pressure
- No dose adjustment for kidney issues; adjust for liver issues

#### Ninlaro

- Less PN than Velcade
- Increased risk of shingles
   Use appropriate prophylaxis
- Monitor for rashes and gastrointestinal (GI) side effects
- GI effects occur early
   Needs to be taken at least 1 hour before or 2 hours after a meal











## Currently Available Drugs for Triple-Class Refractory Myeloma

Class	Drug		Formulation	Approval		
Nuclear export inhibitor	XPOVIO (selinexor)	• For relapsed/refractory my (after at least 4 prior therap least 2 Pls, at least 2 IMiDs			myeloma in combina apies and whose dis Ds, and an anti-CD3	ation with dexamethasor ease is refractory to at 8 mAb
	XPOV	IO + dexan	nethasone in relapsed/r	efractory myeloma	No. patients with ≥PR (%) <sup>1</sup>	
	Total			32 (26)		
	Previo	ous therap	ies to which the disease			
	Ve	Velcade, Kyprolis, Revlimid, Pomalyst, and Darzalex				
	Ky	Kyprolis, Revlimid, Pomalyst, and Darzalex				
	Ve	elcade, Kyp	rolis, Pomalyst, and Darz	25 (27)		
	Ky	/prolis, Pon	nalyst, and Darzalex	31 (26)		
Additional analyses showed clinical benefit with XPOVIO regardless of patient age and kidney function. <sup>2,3</sup>						
r ORM Trial. Chari A ogl DT et al. Presen	A et al. <i>N Engl J Med</i> . 20 <sup>.</sup> Inted at the 17th Internatio	19;381:727. <b>2</b> . nal Myeloma	. Gavriatopoulou M et al. Prese Workshop; September 12-15, 2	nted at the 17th International Myelor 2019. Abstract FP-111.	na Workshop; September	12-15, 2019. Abstract FP-1

## Currently Available Drugs for Triple-Class Refractory Myeloma

Class	Drug		Formulation	Approval
Chimeric antigen receptor (CAR) T cell	Abecma (idecabtagene vicleucel)*	Ę	300 to 460 × 10 <sup>6</sup> genetically modified autologous CAR T cells in one or more infusion bags	<ul> <li>For relapsed/refractory myeloma (after 4 or more prior lines of therapy, including an IMiD, a PI, and an anti-CD38 mAb</li> </ul>
CAR T cell	Carvykti (ciltacabtagene autoleucel) <sup>†</sup>	Ð	0.5 to 1.0 × 10 <sup>6</sup> genetically modified autologous CAR T cells/kg of body weight	<ul> <li>For relapsed/refractory myeloma (after 4 or more prior lines of therapy, including a PI, an IMiD, and an anti-CD38 mAb</li> </ul>
Bispecific antibody	Tecvayli (teclistamab)‡	Ð	Step-up dosing <sup>§</sup> the first week then once weekly thereafter by subcutaneous injection	<ul> <li>For relapsed/ refractory myeloma (after 4 or more prior lines of therapy, including an IMiD, a PI, and an anti-CD38 mAb)</li> </ul>

IMiD, immunomodulatory agent; PI, proteasome inhibitor; mAb, monoclonal antibody

\*Black box warning: cytokine release syndrome; neurologic toxicities; hemophagocytic lymphohistiocytosis/macrophage activation syndrome (HLH/MAS); prolonged cytopenia †Black box warning: cytokine release syndrome; neurologic toxicities; Parkinsonism and Guillain-Barré syndrome; hemophagocytic lymphohistiocytosis/macrophage activation syndrome (HLH/MAS); prolonged cytopenia

\*Black box warning: cytokine release syndrome; neurologic toxicities

§Patients are hospitalized for 48 hours after administration of all step-up doses.

Abecma, Carvykti, and Tecvayli are available only through a restricted distribution program.







	All patients (n=165)
MRD negative (10 <sup>-5</sup> ), %	
All treated	26.7
MRD evaluable	81.5
MRD negativity with ≥CR (%)	46.2

	All patients (n=165)
Median time to first response (mos)	1.2
Median time to best response (mos)	3.8





















### **CAR T-Cell Therapy Insights**

#### Prognostic value of depth of response following CAR T-cell therapy<sup>1</sup>

- Achieving sustained, undetectable MRD after Abecma is associated with prolonged PFS
- Only MRD status—not complete response (CR) status—predicted early relapse 1 month after Abecma
- Both MRD and CR status at 12 months were required to identify patients with longer PFS

#### Real-world outcome with Abecma after BCMA-targeted therapy<sup>2</sup>

- 11 US academic centers conducted a retrospective analysis on the realworld outcome for patients treated with Abecma after previously receiving BCMA-targeted therapy
- Prior BCMA-targeted treatment is associated with inferior PFS and a trend toward inferior outcomes for patients receiving Abecma within 6 months of having received prior BCMA-targeted therapy
- Warrants further investigation into the optimal timing of Abecma infusion

#### Outcomes and options following relapse from CAR T<sup>3</sup>

- A retrospective analysis of 78 patients with RRMM who received BCMAtargeted CAR T-cell therapy
- Patients who had previously been refractory to a specific drug class re-responded after CAR T relapse
- Median OS after progressing on CAR T was 14.8 months and 18 months for patients who received subsequent BCMA CAR T or BCMA bispecific antibodies within 6 months of progressing on CAR T

#### Assessment of cytopenias from CAR T<sup>4</sup>

- Retrospective review of data from 90 patients 4 months after CAR T-cell infusion
- Patients with poor hematologic recovery (28%) compared with adequate recovery (72%) were older, more heavily pretreated, and more likely to have received ≥1 ASCT

#### Abecma in earlier lines of treatment<sup>5</sup>

- KarMMa-2 phase 2 multicenter study of Abecma in 37 patients with RRMM with high-risk disease\*
- Results show a benefit to Abecma in earlier line of treatment

\*Early relapse after frontline therapy or inadequate response after frontline ASCT

Paiva B et al. Blood. 2022;140. Abstract 868. 2. Ferreri CJ et al. Blood. 2022;140. Abstract 766. 3. Reyes KR et al. Blood. 2022;140. Abstract 250.
 Thibaud S et al. Blood. 2022;140. Abstract 249. 5. Usmani S et al. Blood. 2022;140. Abstract 361.



### Abecma or Standard Regimens in Relapsed and Refractory Multiple Myeloma



#### **Treatment response**

	Abecma (n=254)	Standard regimen (n=132)
Overall response (%)*	71	42
Complete response (%)	39	5
Best overall response (%)		
Stringent complete response	35	5
Complete response	3	1
Very good partial response	22	10
Partial response	11	27
Minimal response	2	7
Stable disease	12	36
Progressive disease	9	8
Median duration of response (mos)	14.8	9.7
* <i>P</i> <0.001		







## **CAR T: Expected Toxicities**



	CRS	ICANS
Onset	1–9 days after CAR T-cell infusion	2–9 days after CAR T-cell infusion
Duration	5–11 days	3–17 days
Symptoms	<ul> <li>Fever</li> <li>Difficulty breathing</li> <li>Dizziness</li> <li>Nausea</li> <li>Headache</li> <li>Rapid heartbeat</li> <li>Low blood pressure</li> </ul>	<ul> <li>Headache</li> <li>Confusion</li> <li>Language disturbance</li> <li>Seizures</li> <li>Delirium</li> <li>Cerebral edema</li> </ul>
Management	<ul><li>Actemra (tocilizumab)</li><li>Corticosteroids</li><li>Supportive care</li></ul>	<ul><li>Antiseizure medications</li><li>Corticosteroids</li></ul>
*Based on the ASTCT consensus; <sup>†</sup> Based on vasopressor; <sup>‡</sup> For adults and children >12 years; <sup>§</sup> For children ≤12 years; <sup>I</sup> Only when concurrent with CRS		

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## Transplant vs CAR T Cells

Cellular therapies	CAR T-cell therapy	Autologous stem cell transplantation
Patient's cells collected	Yes	Yes
Types of cells collected	T cells*	Stem cells <sup>†</sup>
Collected cells are genetically engineered in a lab	Yes	No
Patient given chemotherapy before cells are infused back into patient	Yes, lymphodepleting therapy	Yes, melphalan
When in the course of myeloma is this <i>usually</i> done?	After multiple relapses	As part of initial treatment
Side effects of treatment	Cytokine release syndrome; confusion	Fatigue, nausea, diarrhea

\*An immune cell that is the "business end" of the system, in charge of maintaining order and removing cells. <sup>†</sup>Precursor cells that give rise to many types of blood cells. We actually collect CD34+ve cells.

## What's next for CAR T-cell therapy?

	BMS-986354 <sup>[1]</sup>	FasT CAR-T GC012F <sup>[2]</sup>	BMS-986393 <sup>[3]</sup>	ALLO-715 <sup>[4]</sup>	PHE885 <sup>[5]</sup>
CAR T Features	Targets BCMA     Shortened manufacturing time	Targets BCMA and CD19     Manufacturing process that takes as little as 24 hours	Targets GPRC5D	An allogeneic anti-BCMA CAR T-cell product	Targets BCMA     Less than 2 days     manufacturing time
Study Details	<ul> <li>Phase 1 trial</li> <li>55 patients with RRMM</li> <li>Median of 5 prior lines of therapy</li> </ul>	Phase 1 trial     13 newly diagnosed high-risk     myeloma patients ineligible for     stem cell transplant	Phase 1 trial     17 heavily pretreated patients with RRMM, including those who relapsed from BCMA CAR-T therapy	Phase 1 trial     53 patients with RRMM     Median of 5 prior lines of     therapy	<ul> <li>Phase 1 trial</li> <li>46 patients with RRMM</li> <li>Median of 4 prior lines of therapy</li> </ul>
Study Results					
Responses	Overall response rate was 98.1% with 57.4% achieving ≥VGPR (29.6% ≥CR)	100% of patients achieved     ≥VGPR (69% sCR)     All patients achieved MRD     negativity (by EuroFlow)	86% evaluable patients responded, including 7 of 11 patients treated with prior BMCA- targeted treatment	Overall response rate was between 64% and 80% in the most active cell doses studied	100% of patients responded (at the million cell-dose level)
Side effects	<ul> <li>CRS occurred in 80% of patients with only 1 patient experiencing ≥G3.</li> <li>Neurotoxicity occurred in 10.9% of patients (one grade 4)</li> </ul>	CRS observed in 23% of patients (all low grade)	Neutropenia and thrombocytopenia most frequent grade 3/4 adverse events     Additional adverse events include skin- and nail-related; dysgeusia and/or dysphagia; CRS; ICANS	CRS occurred in 52% of patients: neuroloxicity in 11% Infections occurred in 56% of patients (29% ≥G3)	CRS occurred in 96% of patients (11% experiencing G3) ICANS in 22% (7% with G3)

BCMA, B-cell maturation antigen; RRMM, relapsed/refractory multiple myeloma; CR, complete response; CRS, cytokine release syndrome; G, grade; VGPR, very good partial response; ICANS, Immune effector cell-associated neurotoxicity syndrome

1. Costa LJM et al. Blood. 2022;140. Abstract 566. 2. Du J et al. Blood. 2022;140. Abstract 366. 3. Bal S et al. Blood. 2022;140. Abstract 364. Mailankody S et al. N Engl J Med. 2022.387:1196. 4. Mailankody S et al. Presented at ASH 2022. Abstract 651. Mailankody S et al. Nat Med. 2023;29:422. 5. Sperling AS et al. J Clin Oncol. 2023;41. Abstract 8004.



## **Bispecific Antibodies Under Investigation**

Bispecific antibody	Target (on MM cell × T cell)	Status
Tecvayli (teclistamab)	BCMA × CD3	Approved for use in myeloma patients
Elranatamab	BCMA × CD3	Clinical studies; granted priority review by the FDA
Linvoseltamab	BCMA × CD3	Clinical studies
Alnuctamab	BCMA × CD3	Clinical studies
ABBV-383	BCMA × CD3	Clinical studies
Talquetamab	GPRC5D × CD3	Clinical studies
Forimtamig (RG6234)	GPRC5D × CD3	Clinical studies
Cevostamab	FcRH5 × CD3	Clinical studies

#### BCMA

• Highly expressed only on the surface of plasma cells

Myeloma patients have significantly higher serum BCMA levels than healthy individuals

#### GPRC5D

- Highly expressed on myeloma cells in the bone marrow
- · Lowly expressed on hair follicles but not on other healthy cells
- · Expression on myeloma cells is independent of BCMA

#### FcRH5

· Selectively expressed on B cells and plasma cells

CD3: a T-cell receptor

GPRC5D, G protein-coupled receptor family C group 5 member D

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### Additional Studies of Tecvayli in Patients With Relapsed/Refractory Myeloma







# Elranatamab in Patients With Relapsed/Refractory Myeloma



bibitor

IMID, immunomodulatory drug; PI, proteasome inhibitor 1. Raje N et al. Blood. 2022;140. Abstract 158. 2. Bahlis NJ et al. Blood. 2022;140. Abstract 159. 3. Nooka AK et al. J Clin Oncol. 2023;41. Abstract 8008.

### Additional BCMA-Targeted Bispecific Antibodies





### Talquetamab in Patients With Relapsed/Refractory Multiple Myeloma





PR

CR

sCR

Grade 3/4

24.8

22.1

25.5

16 6

11.7

VGPR

### Forimtamig and Cevostamab in Patients With Relapsed/Refractory Multiple Myeloma







### Bispecific Antibodies Are Associated With an Increased Risk of Infections

A pooled analysis of 1,185 RRMM patients in 11 different clinical trials treated with single agent bispecific antibodies (with no prior use of different bispecifics)

Majority of patients (72%) treated with BCMA-targeted bispecific antibodies

	Patients (%)	
Adverse event	All grades	Grade 3/4
Neutropenia	38.6	34.8
Infections	50	24.5
CRS	59.6	NR
Pneumonia	NR	10
COVID-19	NR	11.4

Hypogammaglobulinemia occurred in 75.3% of patients with intravenous immunoglobulin used in 48%.

Death was reported in 110 patients of which 28 (25.5%) were reported to be secondary to infections.

Certain precautions should be used when using bispecific antibodies to mitigate the risk

and/or identify and treat infections promptly.

NR, not reported

Lancman G et al. Blood Adv. March 1, 2023 [Online ahead of print].



### Similarities and Differences Between CAR T-Cell Therapy and Bispecific Antibodies

	CAR T-cell therapy	Bispecific antibody
Approved product	Abecma, Carvykti	Tecvayli
Efficacy	++++	+++
How given	One-and-done	IV or SC, weekly to every 3 weeks until progression
Where given	Academic medical centers	Academic medical centers
Notable adverse events	CRS and neurotoxicity	CRS and neurotoxicity
Cytokine release syndrome	+++	++
Neurotoxicity	++	+
Availability	Wait time for manufacturing	Off-the-shelf, close monitoring for CRS and neurotoxicity
Advantages	<ul> <li>Personalized</li> <li>Targeted immunocytotoxicity</li> <li>Single infusion ("one and done")</li> <li>Potentially persistent</li> </ul>	<ul> <li>Off the shelf</li> <li>Targeted immunocytotoxicity</li> <li>No lymphodepletion</li> <li>Minimal steroids</li> </ul>
Disadvantages	<ul> <li>FACT-accredited center required (hospitalization likely required)</li> <li>CRS and neurotoxicity; requires ICU and neurology services</li> <li>Dependent on T-cell health (manufacturing failures)</li> <li>Requires significant social support; caregiver required</li> <li>\$\$\$\$</li> </ul>	<ul> <li>Initial hospitalization required</li> <li>CRS and neurotoxicity possible</li> <li>Dependent on T-cell health (T-cell exhaustion)</li> <li>Requires continuous administration</li> <li>\$\$\$</li> </ul>












## Recommendations for Reducing the Risk of ONJ

- Complete major dental work before beginning treatment for bone disease
- Practice good oral hygiene
- · Schedule regular dental visits
- Let your dentist know that you are receiving treatment for bone disease
- Keep your doctor informed of dental issues/need for dental work
- Be attentive! ONJ seems to be related to the length of time patients are on treatment for bone disease

ONJ, osteonecrosis of the jaw



# Orthopedic Procedures to Stabilize the Spine

- Minimally invasive procedures
- Can be performed without hospitalization
- Small incision
- Cement filler stabilizes bone
- Potential for relatively rapid symptom relief (approximately 1 month with kyphoplasty)



## Radiation Therapy for Pain Management







# Effects of Myeloma: Decreased Kidney Function



- Detection
  - Decreased amount of urine
  - Increase in creatinine and other proteins
- · Other causes beside myeloma
  - Hypertension
  - Diabetes
  - Some medications
- Treatment
  - Fluids
  - Avoid nonsteroidal anti-inflammatory drugs such as Aleve, Advil/Motrin

Gastro-

intestinal

- Plasmapheresis
- Treat other causes
- Dialysis (severe)

Main Body Systems Affected by Myeloma Treatment Cardiovascular side Myeloma patients are Commonly used Peripheral neuropathy at increased risk of is a condition that effects (including high myeloma drugs may developing blood clots affects the nerves, blood pressure or cause a variety of resulting in pain, congestive heart gastrointestinal Several myeloma tingling, burning failure) can occur with problems, such as drugs are associated sensations, and some myeloma drugs constipation, diarrhea, with an increased risk and nausea/vomiting numbness in the of deep vein hands and feet thrombosis (DVT) Peripheral neuropathy may be caused by myeloma or its treatments

Cardio-

vascular

Central

nervous

system

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Blood

### Class: Immunomodulatory Drugs Side Effects and Management

#### Revlimid\*

- Potential for blood clots
- Reduced blood counts
- Rash
- Fatigue
- Muscle pain or muscle cramping
- Diarrhea
- Small chance of second new cancers when given with melphalan

#### Pomalyst\*

- · Fatigue and weakness
- Reduced blood counts
- GI effects
- Shortness of breath
- · Upper respiratory infection
- Back pain
- Fever
- Blood clots
- · Mental fogginess

#### Management

- · Blood thinners
- Tonic water/increased fluid intake for cramps
- GI toxicity: avoid dairy; fibers (Metamucil); Imodium; colestipol; cholestyramine; dose reduction
- Sleep hygiene, regular exercise, dose reduction for fatigue

\*Black box warning GI, gastrointestinal

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#### Class: Proteasome Inhibitors Side Effects and Management



- PN (numbness, tingling, burning sensations and/or pain due to nerve damage)
- · Low platelets
- GI problems: nausea, diarrhea, vomiting, loss of appetite
- Fatigue
- Rash



· Shortness of breath

· Fatigue

Anemia

Nausea

Diarrhea

Fever

· Low platelets

Hypertension

· Cardiac toxicity

#### Ninlaro

- Diarrhea
- Constipation
- Low platelets
- PN
- Nausea
- Peripheral edema
- Vomiting
- Back pain

#### Management

- PN occurs less often when subcutaneous or once weekly dosing is used for Velcade
- Other PN prevention

   Vitamins and other supplements\*
  - Certain medications such as gabapentin, pregabalin, duloxetine, opioids
  - Acupuncture
  - Physical therapy
- Shingles-prevention pills
- Blood thinners

\*Do not take any supplements without consulting with your doctor. PN, peripheral neuropathy; GI, gastrointestinal

## Class: Monoclonal Antibodies Side Effects and Management







## Side Effects of Steroids (Dexamethasone)



- · Healthy sleep habits
- Timing
- Medication to assist with sleeping as needed



- Monitor for swelling of extremities and "puffy" face
- Monitor weight changes/gain
- Reduce dose

#### Mood changes



Irritable, anxiety, difficulty concentrating
Severe cases → depression, euphoria Dyspepsiaheartburn



- Dietary modifications (spicy, acidic foods)
  Avoid NSAIDs
- Acid-blocking medications
- Take steroid with food; use enteric-coated aspirin with food

Elevation in glucose



 Monitor glucose and refer/treat as needed

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# **Bispecific Antibodies**

#### Tecvayli

- · Cytokine release syndrome
- Injection-related reactions
- · Injection-site reaction
- Infections
- Neutropenia
- Anemia
- · Thrombocytopenia



Management



- Available only through a Risk Evaluation and Mitigation Strategies (REMS) due to the risk of cytokine release syndrome
- Patients will receive step-up dosing and will be monitored in an inpatient setting
- Cytokine release syndrome is managed in the same fashion as CAR T
- Injection reactions are managed with oral antihistamines and topical steroids
- Infection prevention!
- COVID precautions





#### General infection-prevention tips

As recommended

by your health

care team

- Good personal hygiene (skin, oral)
- Environmental control (wash hands, avoid crowds and sick people, etc)
- Growth factor (Neupogen [filgrastim])
- Immunizations (NO live vaccines)
- Medications (antibacterial, antiviral)

Brigle K et al. Clin J Oncol Nurs. 2017;21(5)suppl:60. Faiman B et al; IMF Nurse Leadership Board. Clin J Oncol Nurs. 2011;15(Suppl):66. Miceli TS et al. Clin J Oncol Nursing. 2011;15(4):9. ASH Website. COVID-19 Resources. www.hematology.org/covid-19/covid-19-and-multiple-myeloma

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## BCMA-Targeted Therapies Are Associated With an Increased Risk of Infections

- Both viral and bacterial
  - Up to 1/3 of patients in clinical trials have serious infections (requiring IV antibodies or hospitalization)
- Increased risk of serious COVID complications despite history of vaccination
  - Antibody levels
  - Immediate treatment once diagnosed nirmatrelvir with ritonavir (Paxlovid)
    - $_{\circ}$  Start as soon as possible; must begin within 5 days of when symptoms start
  - Oral prophylactic antimicrobials

## **Infection Prevention**

- Avoid crowds
- · Ensure handwashing, hygiene
- Growth factor (for example, filgrastim)
- IVIG for hypogammaglobulinemia
  - Know your healthy IgG level
- Immunizations (No live vaccines)
  - COVID-19 vaccination + booster(s)
  - Pneumococcal 20-valent conjugate vaccine
  - Seasonal inactivated influenza vaccine (×2 or high-dose)
  - Shingles vaccine: zoster vaccine recombinant, adjuvanted
- COVID-19 prevention

## Symptom Management Constipation

- Stimulant laxatives
  - Mild: senna/sennoside (Senokot)
    - $_{\circ}$  1–2 pills twice a day
  - More potent: bisacodyl (Dulcolax)
- Osmotic laxatives
  - Gentle, pulls water into the intestine
    - $_{\circ}$  Lactulose
    - $_{\circ}$  Miralax
- Bulking agents
  - Soluble fiber: psyllium (Metamucil)

## Symptom Management Acid Reflux/Heartburn

- Our stomachs make a powerful acid to digest food, hydrochloric acid
- Hydrochloric acid can also digest our stomach lining  $\rightarrow$  leads to gastritis and ulcers

#### A few ways to treat

- 1. Decrease the amount of acid the stomach is making
  - a. Zantac, Pepcid
  - b. Prilosec, Prevacid, Protonix, Nexium
- 2. Absorb excess acid: Tums, Maalox, Mylanta
- 3. Coat stomach: Carafate
- 4. Avoid late night eating

## Symptom Management Insomnia

- · Causes: anxiety, stress, meds-dexamethasone
- Sleep hygiene
  - Routine: go to bed, wake up at routine times
  - Exercise
  - No TV or screens when trying to sleep
  - Relaxation training; meditation/yoga/Reiki
  - Counseling support
- Medications: useful but all have drawbacks
  - Lorazepam (Ativan)
  - Zolpidem (Ambien)
  - Diphenhydramine (Benadryl)

# **Daily Living**







Social contacts













#### Blood, Urine, Bone Marrow, and Imaging Tests Used to Identify MGUS, SMM, or Active Multiple Myeloma MGUS SMM Active MM M protein <3 g/dL in blood ≥3 g/dL in blood or ≥3 g/dL in blood or ≥500 mg/24 hrs in ≥500 mg/24 hrs in urine urine Plasma cells in <10% ≥10%-60% ≥60% bone marrow No myeloma-No myeloma-≥1 myeloma-defining event\*, **Clinical features** defining events\* defining events\* including either: • ≥1 CRAB feature or ≥1 SLiM feature \*CRAB, calcium elevation, renal insufficiency, anemia, bone disease; SLiM, >60% plasma cells in bone marrow, free light chain involved to uninvolved ratio >100, >1 focal lesion on MRI Rajkumar SV et al. Lancet Oncol. 2014;15:e538.















1. Thorsteinsdottir S et al. Blood. 2021;138. Abstract 151. 2. Love TJ et al. Blood. 2022;140. Abstract 103. 3. Palmason R et al. Blood. 2022;140. Abstract 105. 4. Eythorsson E et al. Blood. 2022;140. Abstract 107.







\*The PROMISE study and Mass General Brigham Biobank—detected by mass spectrometry. HM, hematologic malignancy

El-Khoury H et al. Blood. 2021;138. Abstract 152.

MGUS estimated in 13% to 17% of a high-risk screened population (rates increase with age).

Higher detection rates of free light chains by mass spectrometry than conventional methods.

Older adults who are Black or have a first-degree relative with a HM have an increased prevalence for MGUS.

Older individuals who are Black or have a first-degree relative with a HM may benefit from screening to allow for early detection and possible clinical intervention.







Higher rates of MGUS\* in Blacks or individuals with a family history of HM and older than 50 years at risk



\*Free light chains detected by mass spectrometry.

HM, hematologic malignancy; MGUS, monoclonal gammopathy of undetermined significance; MGIP, monoclonal gammopathies of indeterminate potential; LC, light chain; SPEP, serum protein electrophoresis; IFX, immunofixation; MS, mass spectrometry; MGBB, Mass General Brigham Biobank

El-Khoury H et al. Blood. 2021;138. Abstract 152.



















### Multicenter, Open-Label, Phase 2 Trial of Kyprolis-Revlimid-dex for High-Risk SMM Patients





Summary	
Precursor plasma cell disorders are characterized by the presence of abnormal clonal p cells without any end organ damage.	olasma
MGUS is a common condition; prevalence increases with age.	
There is variable risk of progression from MGUS and SMM to overt myeloma; clinical ri models associated with risk of progression. We are still lacking molecular markers.	sk
Screening efforts are under way.	
Single arm study data show benefit with early intervention.	
Patients with high-risk SMM should be offered treatment on clinical trials.	
Participation in observational/interventional studies is key to finding out <u>which patients</u> benefit the most from early treatment and what is the best treatment to offer early. To id molecular markers of progression vs stable disease.	can entify





What is high-risk multiple myeloma and why is it important to find out if you have it?

Patients may not respond well to standard treatment.

Patients can have poorer outcomes.

Risk is related to changes (mutations) in the DNA of the myeloma cells.

Helps your doctor

- Determine your prognosis
- Select the treatment that is right for you





# Why is genomic sequencing important in myeloma risk assessment?

- Genetic changes in myeloma cells may affect prognosis and treatment selection
- Using samples from the bone marrow—specific tests look at these genetic changes
- Some tests are used routinely and look at the *chromosomal* changes (FISH)
- Newer tests assess changes in the DNA (gene expression profiling and next-generation sequencing)

- Ask your doctor if these tests are available

 All patients in the MMRF CoMMpass study had genomic sequencing from diagnosis to relapse. The resulting data provides detailed genetic profiles for every myeloma patient at every stage of their disease!







# MMRF CoMMpass Findings: Identifying Double-Hit Multiple Myeloma

- Identification of high-risk disease is evolving from FISH testing to genetic mutation analysis
- CoMMpass has identified the *highest-risk group*, known as double-hit multiple myeloma

<u>Key CoMMpass finding</u>: FISH testing alone cannot identify whether patients have double-hit myeloma.







#### Summary of High-Risk Subsets in Contemporary Newly Diagnosed Multiple Myeloma Trials

Study	Treatment arms	Total number of patients	High risk definition	Number of high-risk myeloma patients
SWOG-12111	RVd vs RVd-Empliciti	100	GEP <sup>hi</sup> , del17p, t(14;16), t(14;20), Amp1q21, elevated LDH, pPCL	RVd = 52 RVd-Elo = 48
SWOG-07772	RVd vs Rd	525	del17p, t(14;16), or t(4;14)	Combined n=44
MAIA <sup>3</sup>	DRd vs Rd	737	del17p, t(14;16), or t(4;14)	DRd = 48 Rd = 44
ALCYONE <sup>4</sup>	D-VMP vs VMP	706	del17p, t(14;16), or t(4;14)	D-VMP = 53 VMP = 45
CASSIOPEIA <sup>5</sup>	Darzalex-VTd vs VTd	1,085	del17p or t(4;14)	Dara-VTd = 82 VTd = 86
STAMINA <sup>6</sup>	Tandem transplant vs ASCT/RVD vs ASCT	758	ISS 3, del13, del 17p, t(4;14), t(14;16), t(14;20)	Tandem = 72 ASCT/RVD = 76 ASCT = 75

The high-risk myeloma definition is not uniform across the contemporary randomized phase 3 trials and accounts for a small subset of study populations.

1. Usmani SZ et al. Lancet Haematol. 2021. 2. Durie B et al. Lancet. 2017. 3. Facon T et al. N Engl J Med. 2018. 4. Mateos MV et al. N Engl J Med. 2018. 5. Moreau P et al. Lancet. 2019. 6. Staudtmaeur E et al. J Clin Oncol. 2018.

## Darzalex Meta-Analysis in High-Risk Multiple Myeloma

Six phase 3 trials comparing standard treatment regimens with or without Darzalex in newly diagnosed<sup>1-3</sup> or relapsed/refractory<sup>4-6</sup> myeloma patients with high-risk cytogenetics

*High risk* defined as the presence of t(4;14), t(14;16), or del(17p).

Addition of Darzalex to backbone regimens improved PFS of patients with high-risk cytogenetic features in both frontline and relapsed settings.

PFS benefit for high-risk patients was greater in relapsed setting compared to frontline.

PFS benefit for standard-risk patients was similar in both relapsed and frontline settings.

#### Results were similar regardless of backbone regimens.

Giri S et al. JAMA Oncol. 2020;6:1.

1. MAIA Trial. Facon T et al. N Engl J Med. 2019;380:2104. 2. CASSIOPEIA Trial. Moreau P et al. Lancet. 2019;394:29. 3. ALCYONE Trial. Mateos MV et al. Lancet. 2020;395:132, 4. POLLUX Trial. Dimopoulos MA et al. N Engl J Med. 2016;375:1319. 5. CASTOR Trial. Palumbo A et al. N Engl J Med. 2016;375:754. 6. CANDOR Trial. Usmani SZ et al. Blood. 2019;134. Abstract LBA-6.





- myeloma patients treated with KRd (n=87) and RVd (n=67) at Memorial Sloan Kettering Cancer Center from 2015 to 2019
- · Patients receiving KRd vs RVd had:
  - Greater depth of response
  - Significant improvement in PFS (especially those who received early ASCT)
- R-ISS stage II and III (compared to stage I) were
- significant predictors for progression or death
- More than 6 cycles of treatment was associated with longer PFS and OS

\*High-risk cytogenetic abnormalities defined as 1q+ (gain or amp), t(4;14), t(14;16), t(14;20), and/or del(17p) or monosomy 17.

1. Tan C et al. Blood. 2022;140. Abstract 752. 2. Kaiser MF et al. Blood. 2022;140. Abstract 758.

#### **OPTIMUM Study**<sup>2</sup>

- Study to evaluate the efficacy of Darzalexcyclophosphamide-Velcade-Revlimid-dex (Dara-CyVRd) induction followed by ASCT and 2 rounds of consolidation with Dara-VR (with or without dex) in 107 ultra high-risk<sup>†</sup> patients with multiple myeloma and plasma cell leukemia (PCL)
- By end of second consolidation, 46.7% of patients were MRD negative (10<sup>-5</sup>); 84% of patients who were MRD negative after ASCT sustained their MRD negativity at the end of second consolidation
- 86% of patients were alive and 77% were progression free at 30 months

<sup>†</sup>≥2 high-risk lesions: t(4;14), t(14;16), t(14;20), gain(1q), del(1p), del(17p), or SKY92 risk signature.



## Sarclisa Combinations in Newly Diagnosed Patients With High-Risk Disease



Best response (through consolidation) (%)	Transplant eligible (n=99)	Transplant ineligible (n=26)
Overall response rate	94.9	88.5
sCR/CR	72.7	57.7
VGPR	18.2	30.8
PR	4.0	0
SD	0	0
MRD negative (1 × 10 <sup>.5</sup> ) in evaluable patients	67.7	54.2
Adverse events (% grade ≥3)	Transplant eligible (n=97)	Transplant ineligible (n=25)
Hematologic		
Neutropenia	39.2	28
Leukopenia	24.7	4
Thrombocytopenia	26.8	16
Anemia	14.4	12
Non-hematologic		
Infection	27.8	28
Cardiac	21	20



# Additional Studies for High-Risk Myeloma

#### Moving the use of CAR T-cell therapy in earlier stage of disease

Study	Agent	Phase	Patient populations/ study design	High risk definition
KarMMa-4	Abecma	1	High-risk, newly diagnosed MM	R-ISS III
BMT-CTN 1901	Abecma	2	High-risk, newly diagnosed MM	R-ISS III; no prior progression







Cerebion E3 Ligase Modulators (CELMoDs) CELMoDs are related to the immunomodulatory drugs (IMiDs) but are more potent and may overcome resistance to IMiDs. Iberdomide







Iberdomide in combination with dex

and daratumumab, bortezomib, or

A phase 3 study is under way comparing IberDd with DVd in patients with RRMM

1. Lonial S et al. Lancet Haematol. 2022;9: e822. 2. Lonial S et al. Presented at the 2021 IMW. Abstract OAB-013.





Richardson PG et al. Blood. 2022;140. Abstract 568.

## Actionable Alterations in MM



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## Personalized Medicine Agents Under Clinical Investigation

	Novel agents			
Clinical phase	Personalized medicine			
Phase 3	Venetoclax*			
Phase 1, 2	Abemaciclib* Cobimetinib* Dabrafenib Enasidenib Erdafitinib* Idasanutlin Trametinib Vemurafenib			
*Being studied in the MyDRUG trial				












Vogl DT et al. Blood. 2022;140. Abstract 565.

100 patients who had a median of 7 prior lines of therapy were treated with different doses of modakafusp (19% had prior CAR T-cell therapy and 14% prior T-cell engagers).

Overall response rate was 43% in patients receiving 1.5 mg/kg dose every 4 weeks (n=30); 27% of anti-BCMA exposed patients responded.

#### **Evolution of CAR T-Cell Therapy**



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## Strategies to Improve Immune Regulation of T Cells in MM: Checkpoint Inhibitors



- The cell surface immune checkpoint proteins PD-1/PD-L1 play a crucial role in regulating an immune response
  - Plasma cells in patients with MM have increased PD-L1 expression and when it binds to PD-1 on T cells, T cell activation is blocked
- · Additional checkpoint proteins include
  - LAG3
  - TIM-3
  - TIGIT
- Many checkpoint inhibitors (which are monoclonal antibodies) are FDA approved for other cancers
  - Pembrolizumab (anti-PD-1)
  - Nivolumab (anti-PD-1)
  - Cemiplimab (anti-PD-1)
  - Atezolizumab (anti-PD-L1)
  - Durvalumab (anti-PD-L1)Opdualag (anti-LAG3)













# Upcoming Patient Education Events *Save the Date*

Торіс	Date and Time (ET)	Speakers
American Society of Clinical Oncology 2023 FAQs Livestream	Wednesday, June 28 2:30 PM to 3:30 PM	Nisha Joseph, MD Roseann Pruitt, PA-C Danielle Roberts, PA-C
Webinar: Minimal Residual Disease	Friday, July 14 1:00 РМ to 2:00 РМ	Benjamin Derman, MD Rafael Fonseca, MD

For more information or to register, visit **themmrf.org/resources/education-program** 

### MMRF Patient Resources





MMRF Patient Navigation Center



Myeloma Mentors<sup>®</sup> allows patients and caregivers the opportunity to connect with trained mentors. This is a phone-based program offering an opportunity for a patient and/or caregiver to connect one-on-one with a trained patient and/or caregiver mentor to share his or her patient journeys and experiences.

No matter what your disease state—smoldering, newly diagnosed, or relapsed/ refractory—our mentors have insights and information that can be beneficial to both patients and their caregivers.

Contact the Patient Navigation Center at 888-841-6673 to be connected to a Myeloma Mentor or to learn more.



#### Need help with travel to a clinical study?

- The MMRF has partnered with the Lazarex Cancer Foundation to help provide more equitable access to clinical studies for multiple myeloma patients
- This partnership is one facet of the MMRF's commitment to improve diversity and representation in myeloma clinical trials
- MMRF has provided \$100,000 over 2 years to Lazarex to fund travel, lodging, and food for patients (and a travel companion) so that they can participate in clinical studies that are appropriate for them
- Patients are funded according to income guidelines and will be reimbursed for allowed expenses
- For more information on this program and to be connected with Lazarex, call our Patient Navigation Center at 1-888-841-6673

